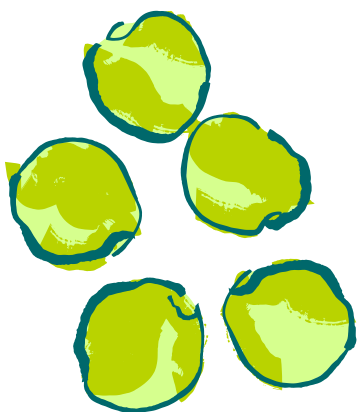




The Backyard Farming Connection Brussel Sprouts Growing Guide

Need to Know: Brussels sprouts are a cool-season vegetable that belongs to the cabbage family, known for their small, cabbage-like buds that grow along the stem.



Choose the Best Brussel Sprout Varieties: select plants based on flavor, size, color and productivity.

Long Island Improved

Classic heirloom, reliable, medium-sized, sweet, sturdy stalks.

Jade Cross E

Hybrid, disease-resistant, uniform, dark green, nutty flavor.

Nautic

New, large, flavorful, high yield, slightly sweet.

Growing Requirements



6-8 Hours



18-24 inches



Consistent deep



pH 6 to 7.5 well drained

Planting: plant them in late spring to early summer for a fall harvest, typically 100-130 days before your region's first expected frost date.

Maintenance: Water moderately and keep plants free of weeds

Harvest: Harvest when 1-2 inches in diameter and firm. Begin from the bottom of the stalk and work your way up. Fall frosts can actually enhance their flavor.

Companion Plants: beets, carrots, and onions, marigolds, nasturtium

Avoid Planting With: Tomatoes, beans, strawberries

Special Care: As the plants grow taller, consider staking or providing support.