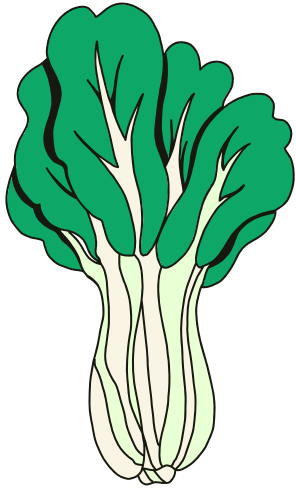




The Backyard Farming Connection

Bok Choy Growing Guide

Need to Know: Bok choy, a member of the cabbage family, is prized for its tender, crisp stalks and dark green leaves.



Choose the Best Bok Choy Varieties: Pay attention to days to maturity to make sure you get a harvest in your zone.

Joy Choy: Compact size, vibrant green leaves, quick-growing	White Stem: Thick, white stems, dark green leaves,	Purple Lady: Striking purple stems, dark green leaves, visually unique.
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Growing Requirements



4-6 Hours



6 inches



Consistent



pH 6 to 7
Loamy Soil

Planting: Bok choy is typically planted in the cool seasons of spring and fall. It thrives in temperatures between 45°F and 75°F (7°C to 24°C).

Maintenance: Avoid waterlogged conditions, as bok choy doesn't tolerate excessive moisture.

Harvest: Bok choy can be harvested when the leaves are of desired size, typically around 40-50 days after planting.

Companion Plants: herbs like mint and basil
Avoid Planting with: Brassicas, lettuce, beans, onion

Special Care: Plant bok choy in well-drained soil, and maintain consistent moisture